



LONGTON LANE PRIMARY SCHOOL

A place to learn, a place to achieve, a place to enjoy.

PHSE OBJECTIVES

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
YEAR 1	<p><u>RULES AND RESPONSIBILITIES</u></p> <ul style="list-style-type: none">• To agree and follow rules for their group and classroom• To understand how rules help them• To look at the responsibilities connected towards family members and pets	<p><u>FRIENDSHIP</u></p> <ul style="list-style-type: none">• To recognise qualities, behaviours and attitudes which are important in friendships and relationships• To respect similarities and differences in each other• To accept that others attitudes and values may be different to yours• To begin to recognise the range of human emotions and ways to deal with these• To recognise the difference between right and wrong in simple everyday situations.	<p><u>KEEPING SAFE/INTERNET SAFETY</u></p> <ul style="list-style-type: none">• To develop an awareness of the benefits of medicine if used correctly• To highlight the dangers and risks of putting unknown substances or other people's medicines into the body• To explore people who can help them to stay safe• To discuss e-safety in terms of the school acceptable use policy• To find the login and navigate to a given page• To talk about passwords and why they need to be kept private	<p><u>GROWING AND CHANGING</u></p> <ul style="list-style-type: none">• To develop an understanding about how the body changes as we grow older• To become familiar with the ways in which people's needs and responsibilities change as they get older• To introduce language associated with the human life cycle	<p><u>RECYCLING</u></p> <ul style="list-style-type: none">• To encourage pupils to take responsibility for recycling waste• To begin to understand the properties of different materials	<p><u>PERSONAL HYGIENE/EXERCISE</u></p> <ul style="list-style-type: none">• To develop an awareness of the need to keep clean and exercise• To encourage good personal hygiene habits• To develop an understanding that germs can cause diseases



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YEAR 2	<p><u>RULES AND RESPONSIBILITIES</u></p> <ul style="list-style-type: none"> To agree and follow rules for their group and classroom To understand how rules help them To take and share responsibility for their own behaviour, i.e. helping to make classroom rules and following them (looking after pets, plants, woodland area) To develop awareness of our responsibilities towards the environment and personal safety 	<p><u>FEELINGS AND EMOTIONS</u></p> <ul style="list-style-type: none"> To respect difference and diversity within our society To appreciate the contribution difference and diversity makes to our society To recognise the importance of charitable organisations in dealing with the most vulnerable in society To begin to recognise emotions and their causes To develop a vocabulary for expressing emotions effectively 	<p><u>SAFETY IN THE HOME/INTERNET SAFETY</u></p> <ul style="list-style-type: none"> To introduce the children to people in the community who deal with safety issues To reinforce the rules for basic road safety To develop awareness of our responsibilities towards the environment and personal safety To develop an understanding of what is safe/unsafe in the home surroundings To discuss e safety, understand and abide by acceptable use policy To talk about passwords and why they need to be kept private, understand they have a password which must be kept secret To discuss personal safety when using the internet at home To find copyright free images to use on their own pages 	<p><u>PEOPLE WHO HELP US</u></p> <ul style="list-style-type: none"> To enable children to identify people who help us within the community To understand why their jobs are important To develop vocabulary related to different types of jobs including road safety To develop an understanding of why people wear uniforms including reflective and fluorescent uniforms 	<p><u>RECYCLING</u></p> <ul style="list-style-type: none"> To develop an awareness of what improves and harms their local, natural and built environments and about some of the ways people look after them 	<p><u>PERSONAL HYGIENE/ EXERCISE</u></p> <ul style="list-style-type: none"> To encourage pupils to maintain personal hygiene To enable pupils to start to take responsibility for themselves To know that physical activity contributes to a healthy lifestyle To think about different types of physical activity To experience enjoyment whilst doing exercise To understand that not all exercise is competitive To understand that being out in the sun without sun protection can be detrimental to health



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YEAR 3	<p><u>CLASS RULES AND RESPONSIBILITIES/ APPROPRIATE GREETINGS AND TOUCHES</u></p> <ul style="list-style-type: none"> To understand how and why rules are made and enforced To take part in making own classroom rules To recognise and deal with appropriate and inappropriate contact To appropriately express when something is acceptable and not acceptable To explore a wider range of feelings in self and others 	<p><u>DIVERSITY AND RELATIONSHIPS/ SIMILARITIES AND DIFFERENCES</u></p> <ul style="list-style-type: none"> To recognise that there are similarities and differences between humans To raise pupil awareness of disability 	<p><u>KEEPING SAFE/EMERGENCY SERVICES/INTERNET SAFETY</u></p> <ul style="list-style-type: none"> To ensure pupils are aware of all emergency services and how to access them To raise awareness of fire safety in the home To identify the dangers of using fireworks To understand the importance of abiding by the rules of internet safety To discuss e safety and understand the rules are to keep them safe when publishing and communicating with others To understand that a password keeps information private and secure To discuss other methods of communication and the importance of personal safety at home or school To find and use copyright free images when publishing work on the web 	<p><u>SUBSTANCE EDUCATION/ GOOD AND BAD DRUGS</u></p> <ul style="list-style-type: none"> To understand the definition of the word drug To understand things that go into the body that can help (good drugs) and harm(some drugs, cigarette smoke, poisons) 	<p><u>RECYCLING/ MONEY</u></p> <ul style="list-style-type: none"> To raise pupil awareness of environmental issues To be able to contribute to maintaining and improving their own environment To realise that money comes from different sources and can be used for different purposes 	<p><u>HYGIENE/HEALTH/ SRE/EXERCISE/ DENTAL HYGIENE</u></p> <ul style="list-style-type: none"> To raise awareness of the factors that contribute to a healthy lifestyle To become aware of health issues such as the role of medicines and the importance of exercise To increase awareness of dental hygiene and their responsibilities in maintaining oral hygiene To demonstrate the correct method of brushing teeth To list factors which prevent dental decay



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YEAR 4	<p><u>CLASS RULES AND RESPONSIBILITIES/ RIGHTS AND RESPONSIBILITIES</u></p> <ul style="list-style-type: none"> To understand how and why rules are made and enforced To take part in making own classroom rules To understand that with rights come responsibilities To produce a class charter To understand that rights and responsibilities can differ according to their role in society To develop an awareness that basic rights for some children are denied 	<p><u>DIVERSITY AND RELATIONSHIPS/ RELATIONSHIPS AND THEIR DIFFICULTIES</u></p> <ul style="list-style-type: none"> To explore emotional issues around family relationships To explore family difficulties that could arise from divorce, separation and bereavement To explore, discuss, describe and express emotions To identify support networks 	<p><u>KEEPING SAFE/ FIRST AID/ INTERNET SAFETY</u></p> <ul style="list-style-type: none"> To understand how to keep safe To identify dangers by looking and listening To decide if an area is safe To know how to make an area safe To be able to help somebody without risk to themselves To describe and express emotions effectively To recognise abuse and how to access support networks and national help lines To discuss e-safety and keeping safe when using online communications at home and at school To understand that a password can keep information private and secure To understand that a password can keep information private and secure To understand how the learning platform allows access to certain rights and areas when a log in is applied. To understand and abide by acceptable use policy To understand what copyright is and how to find copyright free images and sounds 	<p><u>SUBSTANCE EDUCATION/ SMOKING</u></p> <ul style="list-style-type: none"> To consolidate and develop knowledge skills and attitudes around drug use/misuse To explore attitudes to smoking To increase knowledge of the dangers of smoking and its damaging effects on the health To identify reasons for adults and children smoking To know the school rules related to smoking To introduce the concept of peer pressure To understand laws relating to smoking 	<p><u>RECYCLING/ MONEY</u></p> <ul style="list-style-type: none"> To investigate ways in which people attempt to look after the present and safeguard the future environment through sustainable development To understand how to look after their money and realise that future wants can be met through saving 	<p><u>HYGIENE/HEALTH/ SRE/EXERCISE/ PERSONAL HYGIENE</u></p> <ul style="list-style-type: none"> To understand what contributes to a healthy lifestyle including the importance of personal hygiene, exercise and healthy eating



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YEAR 5	<p><u>CLASS RULES AND RESPONSIBILITIES/ ENVIRONMENTAL/ DEMOCRACY</u></p> <ul style="list-style-type: none"> To understand the need for school rules and the consequences of breaking them To make pupils aware of ecological problems and their own responsibility towards the environment To raise awareness of local, national and global organisations concerned with social and environmental issues 	<p><u>DIVERSITY AND RELATIONSHIPS/ PEOPLE WHO HAVE MADE A DIFFERENCE TO DIVERSITY</u></p> <ul style="list-style-type: none"> To be aware of the different types of relationships including marriage and those between friends and family To develop the skills to be effective in relationships To identify the contribution that many people have made in advancing and improving human lives locally and nationally 	<p><u>KEEPING SAFE/HOAX CALLS/ FIRST AID/ INTERNET SAFETY SOCIAL MEDIA</u></p> <ul style="list-style-type: none"> To know that getting help in an emergency is an important part of first aid To learn how and when to get help To find out what happens when 999 calls are made and what information they need to give To be aware of the dangers of making hoax calls To keep calm and help a person who needs first aid To give first aid in different situations To discuss e safety and show an understanding of personal safety when using any electronic communications and the possible implications of misuse To understand that a password can keep information private and secure To understand and abide by acceptable policy use To understand that the learning platform allows access and communication to wider communities and be aware of the implications when publishing beyond the school To ensure the keep to copyright rules when publishing their work 	<p><u>SUBSTANCE EDUCATION/ ALCOHOL</u></p> <ul style="list-style-type: none"> To increase pupils awareness of alcohol in society To distinguish between alcoholic and non-alcoholic drinks To know that alcohol is a drug and it will affect the brain and the body To understand some of the reasons why people choose to drink/not to drink alcohol To make pupils aware of the influence of the media on values and attitudes 	<p><u>RECYCLING/ MONEY/GLOBAL ENVIRONMENTAL ISSUES</u></p> <ul style="list-style-type: none"> To make pupils aware of ecological problems and their own responsibility towards the environment To enable pupils to experience budget management using examples from their everyday experiences 	<p><u>HYGIENE/HEALTH/ SRE/EXERCISE/ PUBERTY</u></p> <ul style="list-style-type: none"> To explore the importance of the skin in keeping healthy To understand what contributes to a healthy lifestyle including the importance of hygiene, exercise and healthy eating To make pupils aware of the physical and emotional changes that take place as they go through puberty To give pupils the opportunity to discuss any concerns regarding puberty



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YEAR 6	<p><u>CLASS RULES AND RESPONSIBILITIES/ UNICEF/CHILDRENS CHARTER/ DEMOCRACY</u></p> <ul style="list-style-type: none"> To enable pupils to understand what a democracy is To develop pupils understanding of the role of the local council and central government To understand the process of setting up and maintaining their own school council 	<p><u>DIVERSITY AND RELATIONSHIPS</u></p> <ul style="list-style-type: none"> To understand the terms diversity and difference and to realise that differences between people are inevitable, natural and positive To understand the negative impact of prejudice and intolerance To identify examples of positive stereotyping within society To identify ways of dealing with prejudice and ways of celebrating diversity and difference 	<p><u>KEEPING SAFE/HOAX CALLS/ FIRST AID/ INTERNET SAFETY SOCIAL MEDIA</u></p> <ul style="list-style-type: none"> To know how to keep themselves safe in a range of situations To know how and when they need to get help To give first aid in different situations To practise basic emergency aid procedures i.e. the recovery position, choking, asthma attack, CPR... To discuss e safety, develop and keep personal rules to keep themselves safe at home and in school and using any form of electronic communication device To understand that a password can keep information private and secure To understand that the learning platform has many features that can enable communication between groups beyond their school and the importance of their online presence and their contributions To understand and abide by the schools acceptable use policy To ensure they keep to copyright rules when publishing their work or sharing files 	<p><u>SUBSTANCE EDUCATION/ LEGAL/ILLEGAL DRUGS</u></p> <ul style="list-style-type: none"> To understand that all drugs (legal and illegal) will affect the brain and the body. To understand the consequences of the misuse of drugs, on personal health and the wider social implications of drug using To understand that peers, the media and advertisements can influence attitudes, opinions and behaviour To understand school rules on drug related incidences and their consequences To understand that drug use has wider social implications To develop an awareness of how to access support agencies 	<p><u>RECYCLING/ MONEY/ ENTERPRISE PROJECT</u></p> <ul style="list-style-type: none"> To make real choices and decisions about how to make, spend money including pocket money and contributions to charities 	<p><u>HYGIENE/HEALTH SRE/EXERCISE</u></p> <ul style="list-style-type: none"> To understand what contributes to a healthy lifestyle including the importance of hygiene, exercise and healthy eating To develop the confidence and skills to cope with change/ transition To prepare pupils for the physical and emotional changes brought about by puberty To enable pupils to understand the process of reproduction